** INDICATIONS TO CALL YOUR PROVIDER**

(978)-371-1396

Help is available 24/7 in the event of an urgent need or obstetrical emergency. If possible,

please **do not** wait to the end of the day to call with a problem. Any test, lab work, or

appointments that may be needed are more easily accomplished during business hours.

*\*If calling outside of normal business hours due to an urgent need or obstetrical emergency, call the normal AFA number (provided above) and your call will be fielded by an operating service to your provider on call (if you have a phone service that does not accept private or blocked calls, please disable this feature so you can receive a call back from the provider’s private phone).*

**1ST Trimester (0-12 weeks)**

* Chronic or persistent vomiting; 3 or more times per day for several days in a row
* Persistent significant pain in lower abdomen on one side accompanied by abnormal bleeding
* Moderate to severe abdominal cramping
* Chills or fever above 100.5 degrees F
* Any **red** vaginal bleeding
* Urinary problems (urgency, pain with urination)

**2nd Trimester (12-28 weeks)**

* Urinary problems (urgency, pain with urination)
* Decrease in quality or quantity of fetal movement **after regular** fetal activity is felt (usually starting after 24 weeks)

Preterm Labor- Signs and Symptoms:

* Increase in pelvic pressure
* Four or more uterine contractions in one hour

(These may also be normal in pregnancy)

* Any leaking fluids from the vagina
* Any vaginal bleeding

Pregnancy Induced Hypertension- Signs and Symptoms:

* Sudden or severe swelling in face or hands (swelling in feet is a common symptom pregnancy)
* Headache not relieved by Tylenol
* Visual changes such as: blurriness, color spots appearing before the eyes, any loss of vision
* Stomach pain not relieved by TUMS

**3rd Trimester (28-40+ weeks)**

* Decrease in quality or quantity of fetal movement

Preterm Labor- Signs and Symptoms: (see above)

Pregnancy Induced Hypertension- Signs and Symptoms: (see above)

* Including significant increase in weight gain

Labor (Term 38 weeks on): Signs and Symptoms:

* Contractions every 5 minutes, for 50-60 seconds for 50-60 minutes
* Rupture of membranes, vaginal bleeding

**\*If at any time during your pregnancy you are in an accident, have surgery, or experience an illness, please call the office as soon as possible.**